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SOM230: A New Therapeutic Modality for Cushing's Disease

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Abstract: A rational drug design approach involving transposition of functional groups from SRIF into a reduced size cyclohexapeptide template has led to the discovery of SOM230, a novel, stable cyclohexapeptide somatostatin mimic which exhibits unique high affinity binding to human somatostatin receptors (sst1-5). This unique receptor subtype binding profile, in particular the exceptional high affinity binding to sst5, led to SOM230 being approved by EMEA and FDA in 2012 as the first effective pituitary directed therapeutic modality for Cushing's disease.

Keywords: Cushing's disease · Medicinal chemistry · SOM230 · Somatostatin



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The somatostatin (SRIF, somatotropin release inhibiting factor) field has been a success story in terms of medicinal chemistry and drug discovery offering a variety of therapeutic opportunities exemplified in acromegaly, cancer, gastrointestinal disorders, whole body imaging and radiotherapy. The goal of this research programme was to determine if it would be therapeutically rewarding to design a full multi-receptor subtype binding SRIF mimic, instead of conventional subtype preferential agonists. Indeed, a rational medicinal chemistry approach capitalising on structure-activity relationships led to the discovery of SOM230, a novel, stable cyclohexapeptide somatostatin mimic which exhibits unique binding to human SRIF receptors (sst1-5).

This approach is based on transposing functional groups, in the form of unnatural non-proteolytically cleaved amino acids, from SRIF-14 into the stable, reduced size cyclohexapeptide template. Synthetic strategy was based on a solid phase approach using Fmoc/tBu strategy and the super-acid-sensitive SASRIN® linker prior to cyclisation in solution after selective cleavage. Utilizing this strategy, the final structural optimisation of the cyclohexapeptide SRIF mimic was achieved by incorporating unique structural elements, adjusting the aromatic groups with the replacement of (L)-phenyl-alanine-2 ((L)-Phe-2) (L)-phenylglycine-2 with ((L)-Phg-2) in combination with (L)-tyrosine-benzyl-5 ((L)-Tyr(Bzl)-5) and the (S)-diaminoethylcarbamoyl-Pro-1 basic extension, decorating the exterior of the macrocyclic peptide and generating multi-receptor subtype binding SOM230.[1-6] The influence of these unique structural elements on the β -turn and conformation of the SOM230 macrocycle^[7] are illustrated in Fig. 1A–C. Furthermore, with the goal of enabling imaging and radiotherapy, the hydroxproline urethane extension of SOM230 has been functionalized with the chelators DTPA and DOTA, which allow early diagnosis and therapy of SRIF receptor-positive tumours.^[6] Uniquely, SOM230 exhibits binding with a 30 to 40 times higher affinity than Sandostatin[®] to the sst1 and sst5 receptors and exhibits higher efficacy in lowering growth hormone,^[8] and insulin-like growth factor-1 than Sandostatin[®].

In view of the physiological role of somatostatin in the regulation of pituitary function and the current use of somatostatin analogues in patients with anterior pituitary tumours, the potential of somatostatin analogues in patients with Cushing's disease has been explored. Cushing's disease is characterized by elevated levels of cortisol in the blood, arising from a tumour in the pituitary gland that stimulates excessive release of cortisol from the adrenal gland by releasing large amounts of ACTH. Patients presenting with Cushing's syndrome exhibit symptoms including rapid weight gain, particularly of the trunk and face, hypertension and insulin resistance leading to diabetes mellitus and ultimately heart disease and increased mortality. Despite this high unmet medical need, there has been, until now, no effective medical treatment for patients with pituitary-dependent Cushing's disease. Since SOM230 uniquely mimics the full pharmacological activity of naturally occurring somatostatin, it offers potential as a new therapeutic modality for Cushing's disease. Recently, SOM230 has been shown to be much more effective than octreotide in inhibiting ACTH release by human and mouse corticotroph tumour cells in vitro.^[9] Clinical studies involving SOM230 treatment of pituitary-dependent



Fig. 1. a: β -Turn of SOM230 superimposed on β -turn of Sandostatin[®]. b: Unnatural amino acids decorating the exterior of the SOM230 macrocyclic peptide: SOM230 superimposed on octreotide. c: NMR studies determining conformation of SOM230.

Cushing's disease, where a tumour in the pituitary gland stimulates excessive release of cortisol, have demonstrated that SOM230 produced a decrease in urinary free cortisol (UFC) levels in 76% of patients with Cushing's disease during the treatment period of 15 days, with direct effects on adrenocorticotropin release. These results demonstrated that SOM230 holds promise as the first effective pituitary directed therapeutic modality for Cushing's disease,^[10–12] which led to its approval by EMEA and FDA in 2012.

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